Report on a Workshop on "Personal Skills" organised by IQAC, Lady Keane College, Shillong on the 20<sup>th</sup> May, 2022 in the College Seminar Hall at 1:30 PM.

The Resource Person of the Workshop was Ms. Mayfrene Ryntathiang, President, Grassroot Organisation, Shillong. The total number of 41 non-teaching staff was participated in the workshop.

The Resource Person have a discussion and interaction on the following topics:

- 1. Relationship between co-workers.
- 2. Dependability and assisting in one another
- 3. Adaptability with the working environment.
- 4. Problem solving and analytical skills.
- 5. Motivating oneself and the fellow colleague.

The participants participated actively in every activity prepares by the Resource Person.

## Outcomes:

The participants request the IQAC to hold such programmes regularly.

## Photos:









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